

## **Last Chance to Shop for Good**



May 2 & 3 | Shop KendraScott.com use code: GIVEBACK-1GH4

You have one more day to Shop for Good with Kendra Scott!

# At <u>kendrascott.com</u> enter this code at checkout: **GIVEBACK-1GH4**

20% of all proceeds go towards supporting Samaritan Center's affordable mental health services.

Make your purchases by 11:59 PM tonight!

With \$5 2-day shipping your gift will be delivered by Mother's Day. Don't forget to use our code: **GIVEBACK-1GH4** 

## **May is Mental Health Awareness Month**



We need to understand how culture, race and background impact people's mental health. No one should feel alone or without the support and help they need.

This past year presented so many different challenges and obstacles that tested our strength and resiliency. We have had to cope with situations we never even imagined, and a lot of us struggled with our mental health as a result. The good news is that there are tools and resources available that can support the well-being of individuals and communities.

Now, more than ever, we need to combat the stigma surrounding mental health concerns. May is Mental Health Awareness Month and Samaritan Center is highlighting what individuals can do throughout their daily lives to prioritize mental health, build resiliency, and continue to cope with the obstacles.

Be sure you are following us on social media!











Donate

#### Vision

We envision a healthy and compassionate community in which every individual achieves mental, physical, spiritual and social well-being.

#### Mission

We heal hearts, provide hope and enhance lives with a holistic approach to mental health for all ages, whole families and the military community.

Samaritan Center | (512) 451-7337 | samaritan-center.org | Donate Now | Join Our List