



SAMARITAN CENTER



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Change Lives

The Year In Review

2,193 Individuals Received Treatment in 2020

2020 brought us COVID-19, yet we pivoted immediately to telehealth and never stopped services. It was a challenging year but we met it head-on. We couldn't be prouder of our staff.

Here are the highlights from the year.

1,045 individuals received 10,771 hours of counseling and integrative medicine treatment

- 478 military clients
- **147 Children & Adolescents** (225 including up to age 24)
- **817 Adults**
- 81 Seniors
- **418 from households at less than 200% of the Federal Poverty Level**
- 596 Travis County Residents
- 331 Williamson County Residents
- **117 individuals attended skills-building workshops** (72 low-income)

Military Programs

971 Veterans and Military Family members served! Serving more veterans and their families with evidence-based treatment than any other private outpatient clinic in Central Texas!

- **478 Veterans & military family members received 4,433 hours of treatment** (285 veterans, 24 Service Members, 75 spouses, and 92 children)
- **21 justice-involved** veterans received peer support and counseling at Travis State Jail Re-entry Dorm and Travis County Correctional Complex through Hope for Heroes Field Clinician Program
- **472 veterans received peer support** through our Military Veteran Peer Network (MVPN)
- **93 law enforcement** (Austin Police Department, Texas State Troopers, Travis County Sheriff's Department, UT Police) received military competency and crisis training from MVPN staff

Curious about how these numbers compare to the prior year? Read the [2019 annual report](#) here.

Donate

You're Invited to the Virtual ATX Veterans Ball

Friday, March 5, 2021, 7:00pm



March 5, 2021, 7:00pm

Benefiting mental health
programs and services for
children, families, and
veterans.

Register at:
Samaritan-Center.org/veterans-ball

RSVP

The [4th Annual ATX Virtual Veterans Ball](#), presented by [PCSI](#), raises awareness and garners support for the mental health needs of veterans and military families in Central Texas. This year's gala will be a one-of-a-kind virtual event raising funds to support Samaritan Center's no-cost and low-cost mental health services.

The first 50 people to [register and pay](#) for the event will be guaranteed to receive a cocktail kit delivered to their home for the evening's festivities!

There are [sponsorship levels](#) to fit every business and individual. One perk of sponsoring our 4th Annual ATX Veterans Ball is a 'Party-In-A-Box' to host a small, socially distanced watch party at your home.

Thank you to our loyal sponsors.

Challenge Coin Sponsor

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Krista and Austin Arnold

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The Allen Family Foundation

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[Pioneer Bank](#)

Scott and Mimi Mendenhall

Sara and Don Hogan

[Tito's Handmade Vodka](#)

For more info, please contact jenny@samaritan-center.org or call (512) 451-7337, ext. 212.

Purchase Tickets

NEW Support Groups for Parents



Support Group for Mothers of Adult Children with Severe Mental Illness/Psychosis - \$10/class

Tuesdays, 1:00-2:30PM via Zoom

Finding your own support helps you process and makes you more resilient to the immediate and long-term challenges of caring for a loved one with a mental health condition. During this group, you will meet with other mothers of adult children with a severe mental illness and a licensed therapist. Discussing your experiences with others can help you feel connected to those who share similar life challenges, receive support and provide support to others. Led by [Nelda Carpenter](#).

[LCSW.](#)

[Learn more](#)



Parent Support Group - \$25/individual or \$25/couple

2nd & 4th Tuesday of each month, 5:30 pm – 7:00 pm via Zoom, begins February 23

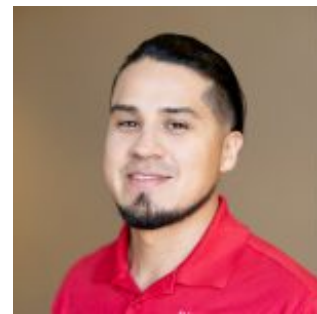
Parenting support group for parents of the Samaritan Center. This group provides a space and time for parents to receive support, give support, and have a knowledgeable and compassionate child therapist as a resource. Topics will vary based on what the parents bring to the group. Led by [Nelda Carpenter, LCSW.](#)

[Learn more](#)

Meet A Mental Health Peer Specialist

Manny Gonzalez, Veteran Peer Navigator

Emmanuel (Manny) Gonzalez is an OIF/OEF Infantry Marine veteran. He served from 2005 to 2013 in the reserves with Houston's 1 Battalion, 23 Marines, Alpha Company, deploying both to Iraq and Afghanistan as a Saw Gunner, Turret Gunner, Fire Team Leader, and Vehicle Commander



After coming home from the deployments (like many servicemen) Manny struggled with depression, PTSD, Alcohol Abuse, and Suicide. He decided that the best option for him was to move to Austin, start all over and get help. Shortly, after moving to Austin, Manny began working for the Austin Vet Center, as a work study, where he began to learn about his underlying conditions from the war. He then found successful treatment through the Austin Outpatient Clinic's Mental Health Program, the Samaritan Center's Peer Program, trauma informed yoga, and mindfulness/meditation. Thus, it was only natural for him to return the favor to our Veteran community.

Soon after recovering, he began volunteering with different Veteran organizations like Team Rubicon, Team RWB, and the Military Veteran Peer Network (where he spent most of his time volunteering) as a Mentor for the Veteran's Treatment Court. After a few months of volunteering, Manny was offered to work with MVPN as an Assistant Service Coordinator then offered to help coordinate the Veteran's Re-Entry Dorm at the Travis State Jail as a Peer Navigator.

He's been helping mold and evolve the Veteran's Re-Entry program for over three years but unfortunately, due to COVID, has been put on hold until further notice. For now, Manny is providing [Mental Health Peer Services through One-to-One Peer mentorship/support](#), Virtual Support Groups, in-person support groups at the transition houses, and intake support for the front office staff.

Ongoing Groups & Wellness Classes

Discovering Gratitude & Self-Care Practices: A Group for Women to Nourish Mind, Body, & Spirit - \$10/class or



FREE to veterans/family members with proof of eligibility

Mondays, 5:00-6:00PM via Zoom

[Learn more](#)



Healing Trauma: Group for Veteran Survivors of Military Sexual Trauma - FREE

Wednesdays, 4:30-5:30PM via Zoom

[Learn more](#)



Veterans Helping Veterans: Wellness & Resilience Group for Veterans - FREE

Wednesdays, 6:00-7:00PM via Zoom

[Learn more](#)



Pilates - FREE

Fridays, 2:30-3:30 PM via Zoom

[Learn more](#)

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Vision

We envision a healthy and compassionate community in which every individual achieves mental, physical, spiritual and social well-being.

Mission

We heal hearts, provide hope and enhance lives with a holistic approach to mental health for all ages, whole families and the military community.

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