



SAMARITAN CENTER



Change Lives

A Marine Shares His Story

A Testimonial From A Client:

My first time going to the Austin Outpatient VA clinic, I was waiting to see my Primary Care doc and struck up a conversation with another veteran. **He told me about the Samaritan Center** and how he'd gone there to get acupuncture for his back pain, and how much it helped him. He said he didn't need his pain meds anymore, had been able to go back to training, and was actually sleeping through the night.



He had my attention. After 26 years in the military, **I had back pain, knee pain, migraines**, and I couldn't sleep. Most nights I slept on the couch, either because I couldn't get comfortable in the bed or because my wife and I were fighting. Sitting there at the VA that day, I had a feeling meds were in my future and **I was willing to try anything** before going on them.

I called up Samaritan Center and scheduled an appointment. The guy I talked to was a Marine like myself. He knew exactly where I was coming from. He set me up with six free treatments. I went in for my first appointment and that's when things got really interesting.

The acupuncturist asked me all kinds of questions about my pain, and everything else going on in my life. Stress was clearly a factor. I had an idea that I might need counseling but I didn't want to talk to just anyone. **She suggested I speak with a counselor at the Samaritan Center, and I thought, "Why not?"** I was at the point where...

[Read the rest of Chris' story here](#)

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How We Help Veteran and Military Families

Hope for Heroes

Hope for Heroes helps veterans transitioning to civilian life, service members between deployments, and spouses or children navigating the unique opportunities and challenges that come with life in the military. Our team provides a range of treatments for PTSD,

anxiety, depression, insomnia, chronic pain, and a host of other issues that commonly arise as a result of military service.

Services include:

- [Individual counseling](#)
- [Family counseling](#)
- [Couples counseling](#)
- [Groups and workshops](#)
- [Integrative medicine and acupuncture](#)
- [Pilates and Tai chi](#)

The first 6 sessions are free. Call us to speak to a veteran: 512-466-4454

[Learn more](#)



Your Year-End Donation Supports Our Mission



A Gift of Hope and Healing

At Samaritan Center, we are seeing more and more families struggling who can't afford the cost of service because of lost jobs and lost health insurance. There are more people than ever struggling with anxiety, depression, grief, and trauma. We are seeing an increase in substance abuse, suicide, and domestic violence. [Will you help us reach our mission to heal hearts, provide hope, and enhance lives with our holistic approach to mental health for all?](#)

Did you know that the [Coronavirus Aid, Relief, and Economic Security Act \(CARES Act\)](#) expanded giving incentives for taxpayers? You can now make up to \$300 in charitable contributions, and deduct that amount on your 2020 taxes in addition to the standard deduction. If you itemize, the legislation removed the income limitation for deducting charitable contributions. [Donate by Dec 31.](#)

Donate

Give Back While You Shop

You Shop, Amazon Gives

If you're doing your holiday shopping on amazon.com, your purchases can help support mental health services for children, adults, and veterans.

Shop at smile.amazon.com and select Samaritan Center as your charity.

Amazon Smile will donate 0.5% of eligible purchases to Samaritan Center.



Meet An Advisory Board Member

Advisory Board Member Spotlight: Dr. Mark Malone

Mark T. Malone, M.D., is a Board Certified pain specialist and a native Texan. He received his undergraduate degree from The University of Texas at Austin and went on to attend the University of Texas Southwestern Medical School. Dr. Malone attended Baylor College of Medicine for residency and training in anesthesiology and then completed a pain management fellowship at Texas Orthopedic Hospital in 1998.

Prior to founding Advanced Pain Care in 2002, Dr. Malone was a member of an Austin-based group practice for twelve years and a clinical instructor at Baylor College of Medicine for six years. He is double board-certified in anesthesiology and pain management by the American Board of Anesthesiology, with a sub-specialty in pain management; this is the only board certification for pain management endorsed by the American Board of Medical Specialties. In 2017 Dr. Malone was appointed Clinical Assistant Professor of Surgery and Perioperative Care at UT Dell Medical School.



Dr. Malone is a member of the American Medical Association, the American Society of Anesthesiologists, the International Spinal Intervention Society, the American Society of Interventional Pain Physicians, and the Travis County Medical Society.

He has successfully treated thousands of patients suffering from acute and chronic pain. He and his wife, Tracy, live in Austin with their three children. In his spare time, he enjoys water-skiing, cycling, and travel.

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We Want To Hear From YOU!

If you received services from Samaritan Center in 2020, we are seeking your **feedback!**

The Samaritan Center is continuously exploring ways to improve the quality and variety of our services. This is an **opportunity for you to tell us how we are doing** as an organization and how we might do better.



Your responses to this survey will be kept confidential. Nothing you say in this survey will affect your ability to participate in our services in any way. Thank you for your **feedback!**

Take Client Survey



Vision

We envision a healthy and compassionate community in which every individual achieves mental, physical, spiritual and social well-being.

Mission

We heal hearts, provide hope and enhance lives with a holistic approach to mental health for all ages, whole families and the military community.

Samaritan Center | (512) 451-7337 | [samaritan-center.org](https://www.samaritan-center.org) | [Donate Now](#) | [Join Our List](#)