



## SAMARITAN CENTER



To our community,

The health and well-being of our clients, our staff and our community is always our main priority. We are closely monitoring updates about COVID-19 (coronavirus) and are in regular contact with Austin Public Health. We know that this situation is frustrating and causing mental and emotional stress for all of us. We are here to help in any way we can.

We want our community to have access to care, especially during trying times. For years, we have been providing counseling through tele-therapy, over a secure, live video conferencing platform. Please know that this is an option for your continued care. If you are concerned about coming to our office for appointments, we are happy to provide services through tele-therapy. It is simple to do from your laptop or home computer, and research shows it is as effective as face-to-face therapy. If you have a young child who may not be a candidate for tele-therapy, please consider scheduling a parent appointment if you cannot bring your child to the Center.

**If you are sick, or have any symptoms, including fever, cough, shortness of breath, respiratory or stomach problems, please stay home and call us at (512) 451-7337.** Schedule a tele-therapy appointment if you feel well enough.

For your safety and well-being, we are taking extra precautions at the Center with increased cleaning and disinfecting of surfaces, door handles, toys and our acupuncture clinic. Our staff is being diligent in following CDC guidelines ([www.cdc.gov](http://www.cdc.gov)) for reducing possibility of spreading germs, and we ask that all of our clients and visitors please adhere to these recommended practices:

1. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
2. Avoid touching your face - eyes, nose, and mouth with unwashed hands.
3. Avoid close contact with people who are sick.
4. Stay home when you are sick.
5. Cough and sneeze into the inside of your elbow, shoulder or into a tissue. Throw the tissue away.
6. Clean and disinfect frequently touched objects and surfaces.

For updates and support, visit our [facebook page](#), and our [website](#),

Our Central Texas community is coming together during a difficult time. We are here to help.

Warm regards,

Your Samaritan Center Team

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Vision: We envision a healthy and compassionate community in which every individual achieves mental, physical, spiritual and social well-being.

Mission: We heal hearts, provide hope and enhance lives with a holistic approach to mental health for all ages, whole families and the military community.

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Samaritan Center | (512) 451-7337

