



SAMARITAN CENTER

The Path to Wellness

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PRESS RELEASE

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Samaritan Center and Georgetown Health Foundation Partner to Deliver Mental Health Care to First Responders

Georgetown, Texas – April 23, 2020. During the COVID-19 crisis, in partnership with Georgetown Health Foundation, Samaritan Center is offering free services to everyone working on the frontlines in Georgetown, TX.

This includes first responders in law enforcement, medical providers and support staff, as well as all employees of other social service organizations who continue providing basic needs such as food, financial assistance, and childcare. Services available include individual and couples counseling, wellness services including acupuncture, corrective exercise, and nutrition counseling, and support groups.

“We are grateful to have Samaritan Center as a grant partner and hope that this initiative creates opportunities for those who take care of us to take care of themselves,” said Suzy Pukys, Vice President of Strategic Philanthropy, Georgetown Health Foundation.

“This is a challenging time for all of us, and for those who are working on the frontlines, we realize that they are likely dealing with additional stress on the job, while at the same time worrying about their friends and families and finances, just like the rest of us. We hope that offering these free support services will provide some relief to all of these frontline heroes.”
Cindy Long, CEO, Samaritan Center.

Call Samaritan Center today to make an appointment for free care at 512-451-7337, option 8.

Samaritan Center provides counseling, peer support and holistic integrative services for individuals and groups of all ages. Services are always free for veterans and military families and are low-cost or free for qualifying low-income and uninsured families. They are also offering some free mental health, wellness tips, and videos through social media and YouTube channels.

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Tai Chi is offered online Wednesday's at 4:00 p.m. and Pilates is offered online on Friday's at 2:00 p.m., also for free.

During this unusual time, Samaritan Center is seeing everyone via telehealth. There are no wait lists. Appointments are available and can sometimes be made the same day. Telehealth is

HIPAA compliant, completely secure, and is very easy to setup. The counselors and practitioners are trained and can help walk clients through the process. Clients can access telehealth from a phone, tablet, or computer. It is always a good option for people with mobility or transportation problems, and during the COVID-19 shelter in place order, it is a great solution.

ABOUT SAMARITAN CENTER

Founded in 1974, Samaritan Center a 501(c)(3) tax-exempt organization, has served Central Texas for more than 45 years. Samaritan Center's philosophy is based on a holistic belief that there is a close relationship between the mind, body, spirit and community. This philosophy is the foundation of our multidisciplinary team approach to mental health. We provide professional counseling, integrative medicine, peer support, and wellness education that are accessible and affordable for all. Our Hope for Heroes program serves veterans and military families facing service-related trauma and stress. Services are free for veterans and members of military families, and very low-cost for low-income families. Most insurance is also accepted.

For more information, please visit www.samaritan-center.org.

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facebook.com/HopeforHeroesTexas

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For more information about Georgetown Health Foundation:

<https://gthf.org/>

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